

Registered Nurse (RN) – Aesthetics & Longevity

LifeSculpt by ChristiMD

Katy & Galleria | Houston, Texas

Position Details

Position Type: Full-Time

Schedule: Primarily Monday–Friday with flexibility for occasional evening hours, special events, training opportunities, and future practice needs.

Location: Supports both LifeSculpt by ChristiMD locations (Katy & Galleria). Team member must be able to support both locations based on scheduling and practice needs.

Help Shape the Future of Longevity & Aesthetics

At LifeSculpt by ChristiMD, we believe confidence and longevity go hand in hand.

As a physician-led Longevity & Aesthetics practice, we partner with our clients to optimize their health, confidence, and quality of life through personalized longevity medicine, advanced aesthetic treatments, and evidence-based care.

We are seeking a Registered Nurse who is passionate about exceptional care, meaningful client relationships, continuous learning, and being part of a collaborative team committed to raising the standard in aesthetics and longevity.

This is more than an RN position. It is an opportunity to contribute to a growing practice where innovation, personalized care, and exceptional experiences help transform lives.

Position Summary

The Registered Nurse (RN) is an essential member of our multidisciplinary team, delivering high-quality nursing care while supporting our expanding aesthetics and longevity services.

This role combines clinical expertise, advanced aesthetic treatments, IV therapy, client education, and a consultative approach to care. The ideal candidate understands that exceptional outcomes begin with listening, educating, recommending personalized solutions, and building trusted long-term relationships.

Working collaboratively with our physician-led team, advanced practice providers, aestheticians, medical assistants, phlebotomist, and client concierge team, the RN helps create a safe, personalized, and elevated client experience.

We are looking for someone who is clinically confident, highly organized, passionate about ongoing education, and excited to grow within a dynamic and evolving industry.

Key Responsibilities

Aesthetic Consultation & Treatment

- Administer aesthetic injectable treatments within Texas scope of practice and physician delegation.

- Recommend and educate clients on personalized treatment plans that integrate aesthetics and longevity, while confidently introducing services and products that support each client's goals and long-term results.
- Help clients understand how aesthetic treatments, skincare, supplements, and longevity solutions work together to optimize confidence, health, and long-term results.
- Provide treatment guidance, aftercare education, and ongoing support throughout the client journey.
- Build lasting client relationships through trust, education, and exceptional service.

Longevity & IV Therapy

- Initiate and manage IV therapies according to established protocols and provider direction.
- Administer physician-ordered hydration, vitamin, and longevity-focused therapies.
- Support clients participating in hormone optimization, metabolic health, and longevity programs.
- Provide education and encouragement that supports client success and long-term engagement.

Clinical Excellence

- Maintain accurate, timely, and compliant documentation.
- Support adherence to nursing standards, physician delegation requirements, and practice protocols.
- Assist with medication management, inventory oversight, and clinical supply organization.
- Demonstrate accountability, professionalism, and sound clinical judgment.

Team Collaboration

- Collaborate with the entire LifeSculpt team to provide seamless client experiences.
- Contribute to a positive, respectful, and solution-focused culture.
- Share knowledge and support ongoing education and team development.
- Embrace teamwork and recognize that exceptional experiences are created through collaboration.

Qualifications

Required

- Current Texas Registered Nurse license in good standing.
- Current BLS certification.
- Minimum of two years of nursing experience.

- Minimum of two years of hands-on aesthetic injectable experience, including client consultations, facial assessments, treatment planning, and injectable procedures in a medical aesthetics, dermatology, plastic surgery, or similar clinical setting.
- Experience initiating and managing IV therapy, including strong peripheral IV insertion skills.
- Experience performing client assessments, providing education, and supporting personalized treatment recommendations.
- Strong communication, clinical assessment, and critical thinking skills.
- Professional, compassionate, and client-centered approach to care.

Preferred

- Advanced injectable training and experience with neurotoxins, dermal fillers, PRP, biostimulatory treatments, and regenerative aesthetic treatments. Ability to create comprehensive treatment plans that combine multiple modalities to enhance natural results and support long-term aesthetic goals.
- Experience with wellness, vitamin, or functional medicine IV therapies.
- Experience with lasers, energy-based devices, regenerative aesthetics, longevity medicine, hormone optimization, metabolic health, functional medicine, or integrative medicine.
- Proven ability to build client relationships, recommend appropriate treatment plans, and support long-term client success.
- Passion for preventive health, aesthetics, longevity, and helping clients achieve lasting results.

Who You Are

You are someone who:

- Has an established foundation in aesthetic medicine and is passionate about advancing skills through ongoing training, education, and staying current with the latest advancements in aesthetics, longevity, and evidence-based care.
- Enjoys growing in a dynamic, ever-evolving industry and embraces opportunities for personal and professional development.
- Thrives as a collaborative team player, recognizing that exceptional client experiences are created when every team member works together toward a common goal.
- Takes ownership and follows through.
- Builds trust through meaningful relationships.

- Communicates with empathy and confidence.
- Pays attention to the details that elevate the client experience.
- Believes clinical excellence and genuine hospitality should always go hand in hand.

Why Join LifeSculpt by ChristiMD?

At LifeSculpt by ChristiMD, we are building something different.

Our mission extends beyond providing treatments. We help our clients invest in their health, confidence, and quality of life through personalized longevity and aesthetic care.

Our team values continuous learning, collaboration, innovation, and a commitment to creating exceptional experiences.

If you are passionate about helping others, excited to continue growing professionally, and want to be part of shaping the future of longevity and aesthetics, we would love to meet you.

Please email creyes@lifesculptmd.com with your resume.